

Disengagement Square

Set up a visual square with targets (2 paws up items) in the corners. Place some distractions in the center of your square.

Start with 2 paws on a target, with your dog on the outside of the square and you on the inside. Walk to the next target and cue or wait for dog to offer 2 paws up on that target. Method:

- Walk with a loose leash from target to target. The treats stay hidden until you reach the next target.
- Your dog should stay with you until close to the next target.
- The dog should ignore the distractions while moving. Reward with food on the target.

Once your dog can successfully walk past the distractions while on the outside of the square, turn and go the other direction around the square. Now your dog is closer to the distractions and you are not blocking them any more.

You may have to adjust the size of your square to add distance from the distractions to remain successful.

Level up:

- 1. Take this game outside in the real world. Start with a small square and your dog on the inside and the big wide world on the outside. Alternate your dog's position between inside and outside as you make your square larger and expand their world.
- 2. Use only one target: pick it up as you walk to the next corner of the imaginary square, and place it down for 2 paws up.